Behaviour

In The Elbowroom we want everyone to feel happy and safe.

How Can we all make this happen?

1. Have rules for being together with each other like taking turns, listening to each other, solving problems together and sharing

2. Helping others

3. Treating everyone fairly and the same.

Here are some things that should never happen in **The Elbowroom**

- No Hurting bodies - something that will physically hurt someone anywhere on their body

- No hurting feelings – saying something to someone that will upset them or make them feel sad.

There is a list of rules hanging in Studio 1 and Studio 2 so everyone remembers how to stay happy and safe and Cliff, Emilio & Esteveo will talk to you about these

Behaviours that are not ok are like problems that need to be solved and can be

small Medium Big

If a behaviour that's not ok happens in a group, we will find out how everyone feels and come up with the best way to solve the problem together.

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What happens if I have a behaviour that's not ok ….?

If it's a small or medium behaviour (like not sharing or taking turns) Your room staff will

- ask you to stop the behaviour and remind you it's a behaviour that's not ok
- Ask you for solutions & give you choices to solve the behaviour.
- talk and listen to how you feel and help come up with a plan together on how best stop the behaviour happening

If it's a big behaviour (like Kicking or hitting or if you find it very hard to calm down or to stop a behaviour) …

Your room staff will:

- help you by staying with you or going with you to a quieter space until you feel calmer.

- talk to your parent/guardian and ask them to help find a plan together of how best to change the behaviour. Sometimes we might write this plan down, so we don't forget. This is called a good behaviour contract.

What is Bullying?
Bullying is hurting someone more than once, on purpose, by using behaviour or words that are meant to frighten or hurt that person.

Bullying is never ok, The elbowroom is a bully free zone!!

Bullying Can happen in different ways …

Emotional: Hurting people's feelings, leaving them out.

Physical: Punching, kicking, spitting, hitting or pushing.

Verbal: Teasing, name calling.

Written: Letters, notes, pictures, graffiti that upsets someone

Cyber: Saying unkind things by text, e-mail and on the internet.

What If I'm Bullied or see Bullying Happen In The Elbowroom

Always tell your room staff, never do nothing!! This is responsible behaviour. It is not telling tales. Your room staff will make sure the bullying stops.

What If I Bully Someone?

Your room staff will ….

- listen to how you feel to understand why it happened.
- Explain why your bullying behaviour has to stop
- Ask you for solutions to stop the bullying & give you choices to solve it
- Write a plan with you to help stop the bullying happening again.
- If the bullying is very serious or continues, The manager will talk to you and will also talk to your parents/gaurdians to help find the best way to stop the bullying.

NO
TO
BULLYING!